



New England Heart & Vascular Institute

Vein & Vascular Specialists

160 South River Road Suite 100 Bedford NH 03110
tel: 603.665.5150 fax: 603.665.5160

VenaSeal Pre and Post-Operative Instructions

Pre-Op Instructions: (before your procedure)

- Arrange for someone to drive you home following the procedure
- You will be given a prescription in advance for Alprazolam and Lidocaine/Prilocaine cream, follow the instructions given to you.
- You may eat a light breakfast or lunch prior to the procedure.
- Try to stay hydrated before the procedure.

Post-Op Instructions: (after your procedure)

- Activity level as tolerated
- Ambulation as tolerated
- Strenuous activities as tolerated
- Tylenol as needed
- Return for follow up ultrasound within 48-72 hours