

Preparation for your Esophagogastroduodenoscopy (EGD)



INSTRUCTIONS

- If you are **diabetic** and taking pills for this condition, do not take your medication on the day of your procedure until after your procedure has been completed. Call your Primary Care Provider for instructions. If you take insulin, call your Primary Care Provider and ask for instructions regarding your insulin.
 - Check with your insurance company if you need pre-certification and notify us in advance.
 - Please arrange for a ride home with an adult following your procedure, as you will be under sedation for your procedure. No taxis unless you are accompanied by an adult.

- **Discontinue any Erectile Dysfunction medication 24 hours prior to your procedure. These medications include but are not limited to Viagra, Cialis, Adcirca, Sildenafil, and Revatio.**

- Please see the following if you are having a **dilation, ablation (Barrx), or endoscopic mucosal resection (EMR)**:
 - If you are on a **blood thinner**, we ask that you discontinue this medication for a specific number of days prior to your procedure. You must check with your prescribing provider prior to the discontinuation. Please see the following:
 - TICLID (Ticlopidine): 10 days
 - EFFIENT (Prasugrel): 7 days
 - COUMADIN (Warfarin), PLAVIX (Clopidogrel), BRILINTA (Ticagrelor): 5 days
 - PRADAXA (Dabigatran), ELIQUIS (Apixaban), XARELTO (Rivaroxaban): 2 days
 - If you are currently taking an aspirin daily, **do not stop taking your aspirin.**

- You will be fasting prior to your procedure. Therefore, please prepare to have nothing to eat or drink past midnight the night before your procedure. If you have any questions regarding which medications you should or should not take the morning of your procedure, please contact your Primary Care Provider. Most medications can be postponed until after your procedure has been completed.