

CMC Parish Nurse sites

Nurse Consults & Blood Pressure Checks

Parish of the Transfiguration

CMC Parish Nurse Main Office

Tue, Wed, Thu, 9 AM-3 PM

Closed Mon & Fri

- Brookside Congregational Church
Sun, October 20, 11:15 AM-1:15 PM
- 1st United Methodist Church
Tuesdays 8:30-10:30 AM
- Congregational Church Goffstown
Wednesday, 10AM-Noon
- Divine Mercy Peterborough
Thu, October 10, 9-10 AM
- Immaculate Conception, Nashua
Sat, October 26, 6PM
Sun, October 27, 830-11AM
- Litchfield Community Church
Wed, October 9, 10 AM
- St. Andrew's Episcopal Church
1st & 3rd Tue, 8-9 AM
- St. Anne-St. Augustin Parish
Tues, October 8, 10AM
- St. Anthony Church (Closed)
- St Catherine of Siena Parish
Wednesdays 11 AM-noon
- St. Elizabeth Seton
1st & 3rd Tuesday, 8:30-10:30 AM
- St. John the Baptist, Suncook
(Closed 10/14)
Mondays 9-11 AM
- St. Joseph Cathedral
1st & 3rd Tuesday, 10 AM-noon, Senior Group
- St Lawrence (TBA)
- St. Matthew's Episcopal Church
Wednesdays 10 AM-noon
- St. Pius X Church
Fridays 9-11 AM
- St. Raphael's
Tuesdays 12:30-1:30 PM
& Burns Hi Rise 1:30-2:30 PM
- Sacred Heart (Closed)
- Salvation Army
Thursday, October 17, 9-11:00AM

Special Programs— Free

- Historic Church Tour
Tues, 10/22 from 9:15-11:15
Call to register and for information
- Grief Group
Sat, 10/12, 10-12Noon
Immaculate Conception, Nashua, NH
- “Seasonal Allergy Update”
by MCPHS Pharmacy Students
Wed, 10/9, 10:30AM at St Matthew's Episcopal
- “Safe Use Over the Counter (OTC) Medication”
by MCPHS Pharmacy Students
Fri, 10/25, 9:30AM at St Pius X
- Flu Clinic: by Walgreens Pharmacist's
For the un-insured and under insured
Sun, 10/20, 11-2PM at St. Anne - St. Augustin,
Wed, 10/23, 9-11AM at Holy Family Learning Ctr.

Ongoing Programs

Chair Exercise Classes (Free)

- Thurs, at Transfiguration, 9:30 AM
- Wed, Congregation Church, Goffstown, 10-11 AM
- Tues, at St Elizabeth Seton, Bedford, 9 AM

Knitting Group

Tues, at Transfiguration, 1-2:45 PM

Prayer Shawl Ministry

1st Wed, Transfiguration. 10:30 AM-noon

1st Mon, St Elizabeth Seton, 6 PM

3rd Tue, St. Joseph Cathedral Rectory, 1-2 PM

1st Fri, St. Pius X, 9 AM

1st Sat, Immaculate Conception, Nashua, 8 AM-noon

2nd Tue, Sacred Heart, Manchester, 10:30-11:30 AM

2nd Wed, St. Raphael's, 7 PM

SHINE (Free)

Wed, 10:30-11:45 AM “A senior support group offering sociability, education, nutritious food and exercise”

St. Matthews Episcopal Church, Goffstown NH

Senior Fitness (Free)

Tues, at Transfiguration, 8:45-10:30 AM

Angie Cande, PT from Merrimack Valley PT

Please note: Our programs will be cancelled if Manchester schools are closed due to weather conditions

Call 603.663.8004 for additional information