



The place for families to be.

What to Bring Checklist:

To help you prepare for your special event, here is a list of some items you should bring with you. Be sure to pack ahead of time, so you are ready to go at a moments notice.

- You must bring an infant car seat (State Law). If your car seat has a base, you must have the base properly installed in your car before we can release your baby from the hospital.

For Mom

- eye glasses/contacts if applicable
- night gown or sleep clothes
- nursing bra (if breastfeeding)
- socks, slippers or flip-flops
- underwear
- personal grooming items (deodorant, shampoo, brush/comb, lotion, make-up, etc)
- maternity/street clothes to wear home
- list of current medications & dosages

*Please leave jewelry & other valuables at home

For Baby

- undershirts/onsies
- booties, hats & mittens

- receiving blankets
- gown or other clothing to go home in
- diaper bag (packed) for ride home
- heavy blanket/covering for ride home (depending on weather)

For Dad

- eye glasses/contacts if applicable
- night clothing
- socks, slippers or flip-flops
- robe
- personal toiletries, razors, toothbrush & toothpaste, deodorant, etc.
- change of clothing (multiple days)

*Please leave jewelry & other valuables at home.

Extras

- camera, film, video camera
- address, phone list
- music, playing cards, or items to pass the time

If you have additional questions about items that are not listed on this checklist, please call The Mom's Place at 663.6669.