

**Patient instruction for Stool Collection Using Commercially Prepared Transport Media – Ova and Parasite**

**Ova and Parasite:**

- A commercially prepared transport media is available for Ova and Parasite collection and transport.
- This may not be used for the C. Diff collection or culture
- Check the expiration date that is located on the side of the vial. Discard if expired.
- The plastic vial is shaped like a cylinder. One has a pink screw cap and the other has a grey screw cap. These vials contain a clear transport media. Caution the patient that the solution IS POISONOUS..... DO NOT DRINK IT. KEEP IT OUT OF THE REACH OF CHILDREN.
- Collect the stool specimen in a clean margarine container or bedpan. Avoid contaminating the specimen with urine. Do not scoop the stool from the toilet
- Remove the screw cap and transfer a walnut size sample of stool into each vial.
- If the stool is in liquid form pour stool into the vial until it reaches the line on the side of the transport vial.
- Replace the cap and mix vigorously.
- All specimen vials must be labeled with the patient's Name, DOB, Date and Time of collection.
- Keep the specimen at room temperature and bring it to the lab as soon as possible. (Stable for 48 hours).
- If the request is for multiple collections of this type all three vials may be brought to the lab at once. It is preferable to have specimens from three different day rather than 3 consecutive bowel movements.
- NOTE: if a culture is also ordered collect the culture with the last specimen.
- This must be accompanied by an order.

**Specimens will be rejected if not labeled.**